



COUNTY OF ANOKA

OFFICE OF PUBLIC INFORMATION

GOVERNMENT CENTER
2100 3RD AVENUE STE 700 • ANOKA, MINNESOTA 55303-5024
(763) 323-5700

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MARTHA WEAVER

Public Information Manager

Direct #763-323-5744

E-mail: martha.weaver@co.anoka.mn.us

Contact: Jennifer Fink, Marketing Manager, Parks and Recreation Department, 763-757-3920,
or e-mail: jennifer.fink@co.anoka.mn.us

FOR IMMEDIATE RELEASE

Anoka County Parks Announces Upcoming Programs

The weather outside is chilly, and snow is on its way! There are many ways to continue enjoying the outdoors in the Anoka County Parks System! Check out all the great programs that are being offered! Register by calling 651-429-8007 or by visiting www.anokacountypark.com.

Learn to Cross-Country Ski

Learn how to cross-country ski in one of Anoka County's beautiful parks. Cross-country skiing is great exercise and is appropriate for people of all ages and abilities. The activity fee includes ski rental, instruction, and cross-country skiing in our scenic Anoka County Parks. No experience necessary. Pre-registration is required.

Fee: \$15/adults and \$10/youth (plus tax)

Bunker Hills Campground Visitor Center, Coon Rapids

Saturday, February 4, 1-3 p.m.

Chomonix Golf Course, Lino Lakes

Sunday, February 12, 1-3 p.m.

-more-

Anoka County Parks Announces Upcoming Programs – Add 1

Coon Rapids Dam Regional Park, Coon Rapids

Saturday, February 25, 1-3 p.m.

Ski by the Light of the Moon

Enjoy the beautiful ski trails at Chomonix Golf Course and Bunker Hills Regional Park under a full moon. After a little skiing we will gather for dinner around the fireplace. This event is open to the public and people of all ages and abilities are welcome. Ski rental available for an additional fee; supplies are limited. The program includes food, skiing, and refreshments. Pre-registration is required.

Fee: \$12/adult and \$8/youth (plus tax)

Friday, February 10, 6-9 p.m.

Chomonix Golf Course, Lino Lakes

Snowshoeing

Winter is a great time to get out and enjoy nature's wonders. Coon Rapids Dam and Bunker Hills Regional Parks are wonderful settings for exploring our wintry world on snowshoes. If there is enough snow we will trek to some of the less traveled areas of the parks. This program is well suited for families and groups of all ages. Pre-registration is required. Register online at www.anokacountyparks.com or for more information call 651-429-8007.

Fee: \$7/adult and \$5/youth (plus tax)

Bunker Hills Campground Visitor Center, Coon Rapids

Saturday February 4, 10 a.m.-12 p.m. **and**

Saturday, February 25, 10 a.m.-12 p.m.

Coon Rapids Dam Regional Park

Saturday, February 4, 5-6:30 p.m. **and**

Saturday, February 25, 5-6:30 p.m.

-more-

Anoka County Parks Announces Upcoming Programs – Add 2

Home School Programs

Professional naturalists work with home schooled students in grades 1-12 to provide quality environmental, recreational, and natural history programming. Join us the third Thursday of each month from 10 a.m.-12 p.m. (or) 2-4 p.m. at the Wargo Nature Center in Lino Lakes. For more information call the Wargo Nature Center at 651-429-8007. Registration is required. Register online at www.anokacountyparks.com.

Fee: \$4/child (plus tax)

February 16 Topics:

Grade 1-2: Food Chain

Grade 3-5: The Science of Winter

Grade 6-12: Winter Survival

March 15 Topics:

Grade 1-2: Birds

Grade 3-5: The Good Oak

Grade 6-12: Water

April 19 Topics:

Grade 1-2: Recycling Naturally

Grade 3-5: The Return of Migrating Birds

Grade 6-12: Plants

May 17 Topics:

Grade 1-2: Insects

Grade 3-5: Reptiles and Amphibians

Grade 6-12: Soil

-more-

Anoka County Parks Announces Upcoming Programs – Add 3

Freeze!

Snow and ice are so cool! Join our exploration of winter's frozen fun through activities, crafts, and outdoor play. This program is for 2-5 year olds who are accompanied by an adult. Pre-registration is required. Register online at www.anokacountyparks.com or for more information call 651-429-8007.

Fee: \$3/child and \$3/adult (plus tax)

Friday, February 10, 10-11:15 a.m.

Wargo Nature Center, Lino Lakes

Feathered Friends

What do birds do during the winter? Join us for a fun bird hike, activities, and craft. This program is designed for preschool children, ages 4 and 5. Pre-registration required.

Fee: \$4/child (plus tax)

Wednesday, February 15, 1-2:30 p.m.

Wargo Nature Center, Lino Lakes

Shop Local on a Budget

Are you really getting your money's worth at the grocery store? Get the inside scoop on how to shop local on a budget. We'll cover co-ops, CSAs, farms, and farmers markets. Learn how to shop sustainably and affordably. We will have guest speakers from a variety of markets to fill you in on this growing trend. This class fills quickly! Pre-registration is required. Register online at www.anokacountyparks.com or for more information call 651-429-8007.

Fee: \$4/person (plus tax)

Wednesday, March 14, 6-8 p.m.

Wargo Nature Center, Lino Lakes

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Anoka County Parks Announces Upcoming Programs – Add 4

Women's Tracking and Snowshoeing Class

Join us for tracking instruction before heading out on snowshoes to explore the habitat and wildlife of the beautiful Rice Creek Chain of Lakes Regional Park Reserve in the north metro area. We'll look for otter, red fox, deer, mink, and all of our winter feathered friends before warming up around the fire with a hot beverage and some goodies. This program is held in cooperation with the Minnesota Becoming an Outdoors Woman (BOW) program. Pre-registration and payment is required through the DNR at 651-296-6157.

Note: Class is limited to 12 women age 15 and older.

Fee: \$15/person (plus tax)

Sunday, February 12, 2-4 p.m.

Wargo Nature Center, Lino Lakes

Cross-Country Skiing for Women

Calling all beginner, intermediate, and advanced skiers! Join us for a day of cross-country skiing at beautiful Chomonix Golf Course in Lino Lakes. If this is your first time, we will help you learn the basics on a flat and groomed trail. If you have experience, this is a great way to meet other women and find a skiing buddy! Light refreshments will be served after our invigorating ski. Pre-registration is required.

Fee: \$15/person (plus tax)

Sunday, February 19, 2-4 p.m.

Chomonix Golf Course, Lino Lakes