



CMH Toolbox Camp Resources 2009

American Camping Association - The camp resource for families! www.acacamps.org

Star Tribune Camp Guide - www.startribune.com/camps/

YMCA Camp— YMCA Emma B. Howe Northtown Branch, day camp and general camp information 763-785-7882.

Unleashed - Animal Humane Society, day camps for kids 3rd - 12th grade. Contact the Education Department at 763-489-2220 or online at www.animalhumanesociety.org/unleashed.



Down on the Farm "Pony and Critter Camp" located in Hugo, MN www.downonthefarminc.com

Camp Edenwood at Friendship Ventures—Weekend and weeklong camp sessions. Camp especially designed for children and young teens with developmental disabilities and Aspergers. Siblings and friends are encouraged to attend as well. Also respite weekends. 952-852-0101. www.friendshipventures.org

Social Skills Groups—Children and Adolescents with Asperger's Syndrome learn to use specific techniques to achieve better self-management and social success. Two social skills groups: 5th - 6th grade and 7th - 9th grade. Counseling Psychologists of PA, Woodbury, MN. 651-739-7539.

NAMI KidShops—For children who have a sibling or parent with a mental health disorder; a chance to share, learn and find support, with family dinner and adult discussion sessions at the same time. Call NAMI-MN at 651-645-2948, ask for Mary Jane Babcock. www.namihelps.org/classes.html

Camp New Hope— Family weekends also available in McGregor, MN. Tours are available and some transportation can be arranged. 218-426-3560. www.friendshipventures.org



Waterfest - A fun family educational event at the Lake Phalen Pavilion on Saturday May 16, 2009.

Grandkids & Me Camp—Weekend camping trips in May and September for grandparents and kids 4-13 years. Also single -day experiences. Registration deadline is one month prior to camp. 651-695-1988. www.grandkidsandme.com

Jewish Community Centers—Outdoor day camp and center-based programming also sleep-away camps. A pioneer of included recreation programs, special staff will be assigned as needed with no extra charge to parents. 952-381-3400. For scholarships contact the Jewish Family & Children's Services at 952-546-0616. www.jfcsmpls.org



Anoka County Parks— Special programs, summer camps and activities. Call the info line at 763-767-2820. www.anokacountyparks.com

University of Minnesota St.Paul - Youth 5 to 15 years can choose from sports, academics and other activities taught by trained university students with a 6:1 ratio. 612-625-2242. www.recsports.software.umn.edu/youth/



MN TSA Family Learning Camp — Fun for parents, kids with tourette's syndrome, and siblings. Four-day weekend near Mille Lacs offers water-front activities, sports, crafts, horseback riding and more, plus mentoring and adult educational programming. 952-918-0350. www.tsa-mn.org

Wilderness Inquiry—Youth, mixed group and family outdoor adventures designed for all abilities. Special hiking and canoe trips for youth 14-17. 612-676-9400. www.wildernessinquiry.org

Spirit Riders—Therapeutic summer day camp featuring individual and group activities with horses, with focus on personal goals and social skills for ages 9-17. Camps are 10 a.m. - 4 p.m. Monday - Friday, 612-708-1822.

Camp Buckskin—The best known overnight camp for special needs children especially ADHD and EBD. Near Ely, sessions are just over one-month long. Daily reading class from IEP, social/behavioral goals developed with family input. Camp cost is approx \$3,625 to . Session dates are June 14 - July 13 and July 18 - August 16. 763-208-4805

Wahode Day Camps—Specialized camps for youth with autism spectrum disorders. The weeks of July 13-17 and August 3-7 are designed for children ages 8-14. Outdoor activities include swimming in a heated outdoor pool, horseback riding, use of a ropes course and climbing tower, yoga, and adapted recreation group games. Daily sessions will be held from 9:15 am - 3:00 pm.

The week of July 20-24 is designed for children 6-12 and is offered in partnership with MacPhail Center for Music. Additional staff include a board certified music therapist and an occupational therapist. Visual picture schedules will be used to integrate music therapy, social interaction, sensory exploration, art, cooking, yoga and movement. Hours are from 9:00 am - 3:00 pm. Activities take place primarily in an indoor setting. Call 651-647-1083 ext 16 for more information. www.ausm.org

