

Mental Health

Anoka County Children's Mental Health Intake.....	763-712-2722
Anoka County Adult Mental Health Intake.....	763-422-3283
Riverwind Crisis Mobile Team.....	763-755-3801
24 Hour National Suicide Hotline.....	1-800-273-8255
National Alliance for the Mentally Ill (NAMI)	651-645-2948
Parent Advocacy Coalition for Educational Rights (PACER).....	952-838-9000
Minnesota Association for Children's Mental Health (MACMH).....	651-644-7333
Children and Adults with ADD/ADHD (CHADD).....	952-922-5761
State Ombudsmen for Mental Health and Developmental Disabilities.....	651-757-1800
Autism Society of Minnesota.....	651-647-1083
Girls and Boys Town National Hotline.....	1-800-448-3000
Fraser (Minneapolis).....	612-331-9413
Fraser (Anoka).....	612-231-2590

Teen Resources— Youth Services Anoka County



EMERGENCY	911
First Call For Help-Anoka County.....	211
Catholic Charities	
Transitional Living.....	1-320-259-9270
LSS Homeless Youth Services	651-644-7739
The Bridge (Mpls)	612-377-8800

HEALTH & COUNSELING	
Nucleus Teen Clinic.....	763-755-5300
Crisis Connection.....	763-379-6363
Victim Services/ Sexual Assault Advocacy.....	763-323-5559
Runaway Switchboard.....	1-800-786-2929
Battered Women's Shelter.....	763-780-2330

OTHER RESOURCES	
Fathers Resource Center.....	612-521-3409
Anoka Crisis Nursery (12yrs and younger)..	763-785-9222
Legal—Judicare Anoka County.....	763-783-4970
CEAP (Food)	763-783-4930
Child Care Resource and Referral	763-783-4884
Family Mediation for Teens.....	763-422-8878

DROP-IN CENTERS	
Project OffStreets (Mpls).....	612-252-1200
District 202 (Mpls—G/L/B/T Youth).....	612-871-5559
Safe Zone (St Paul).....	651-224-9644
Coon Rapids Youth First Teen Center The Element.....	763-755-7790

Transportation

Anoka County Traveler.....	763-323-5222
Volunteer Transportation.....	763-422-7087
Metro Transit / Rideshare..	612-373-3333
Ride Share.....	612-373-3333

Crisis Numbers

Ambulance, Fire, Police.....	911
Alexandra House (for battered women).	763-780-2330
Crisis Connection.....	612-379-6363
Crisis Nursery.....	763-785-9222
First Call For Help (United Way 211 ..	651-291-0211
Poison Control.....	1-800-222-1222



School District Offices

Anoka-Hennepin School District #11.....763-506-1000
 Centennial School District #12.....763-792-6000
 Columbia Heights School District #13.....763-528-4500
 Elk River School District #728..... 763-241-3400
 Forest Lake School District #831.....651-982-8100
 Fridley School District #14.....763-502-5000
 St. Francis School District #15.....763-753-7040
 Spring Lake Park School District #16..... 763-786-5570

Housing Resources



Anoka County Community Action Program (ACCAP).....763-783-4747
 Anoka County Housing Coordinator..... 763-422-7304
 Minnesota Housing & Finance Agency..651-296-7608
 Salvation Army—Heat Share—
 Anoka County....763-755-6873



FINANCIAL ASSISTANCE

Anoka County Community Action Program (ACCAP).. 763-783-4747
 Anoka County Food Stamp Office 763-717-7700
 Community Emergency Assistance Program (CEAP)...763-783-4930
 Extension Services (Dollars into Cents Classes)..... 763-755-1280
 Family Means, Consumer Credit Counseling..... 651-439-4840
 Jobs and Training Programs 763-783-4800
 Judicare..... 763-783-4970
 Lutheran Social Services Financial Counseling..... 888-577-2227
 Minnesota Family Investment Plan (MFIP)..... 763-717-7700
 The Salvation Army.....763-755-6873

Parent Warmline

Need some answers? Children's Health Care Minneapolis offers this free, non-medical, non-crisis resource for parents of young children. The Parent Warmline will address issues such as temper tantrums., sleep disruptions, feeding difficulties, sibling rivalry, and more!

Call 612-863-6336

(Leave a message. Will call back within 24 to 48 hours)

Food and Clothing Programs and Resources

Anoka County Brotherhood Council (ACBC food shelf)..... 763-422-0046
Centennial Community Food Shelf..... 763-784-1971
Community Emergency Assistance Program (CEAP)..... 763-783-4930
Fare For All (supplemental food program).....763-450-3880
First Call For Help (for food and clothing shelves near you.....211
Mothers and Children (MAC-supplemental food program)....651-201-5000
North Anoka County Emergency (NACE)..... 763-434-7685
Salvation Army..... 763-755-6873
SACA (food shelf serving southern Anoka County)..... 763-789-2444
Women, Infants & Children (WIC - supplemental food).....763-422-7055
African Food Network.....763-450-3860

Health and Wellness

Child & Teen Check-ups..... 763-422-6932
 Public Health Nursing..... 763-422-6970
 Immunization Hotline..... 763-323-6100
 Minnesota CARE (low cost ins.)..... 651-297-3862
 Anoka County Community
 Refugee Health.....763-422-6965



For a list of low cost clinics and mental health agencies (see below*)

Community Support

Free to Be (Car repair and donation)..... 763-717-7755
 The Salvation Army Project Break Through (volunteer teams to help parents reach self-sufficiency)..... 763-755-6873
 Southeast Asian Community Council.....612-521-4859
 Bosnian Women's Network..... 763-315-2803
 Comunidades Latinos Unidos En Servicio (CLUES).....651-379-4200
 La Familia Guidance Center..... 651-221-0913

Free Market - A great way to Give and Get free stuff.....<http://www.twincitiesfreemarket.org>

* For more Anoka County resources, call 763-712-2703 for an Anoka County Community Resource Guide or visit Anoka County Community Action Program's (ACCAP) website at <http://www.accap.org>

