

## Family Emergency Kit

You can use this as a shopping list to make your own family emergency kit.

This kit contains items that could sustain a family of four for 3-5 days.



The total cost of this kit was \$204.99



General Emergency Kit Items	Food Items
<input type="checkbox"/> 1 - rolling toolbox	<input type="checkbox"/> 1 -12 pk bottled water
<input type="checkbox"/> 1 - 19" toolbox	<input type="checkbox"/> 1 - 6 pk sports drinks
<input type="checkbox"/> 4 - thermal emergency blankets	<input type="checkbox"/> 2 - bags snickers fun size
<input type="checkbox"/> 1- 16 pc plastic cutlery set	<input type="checkbox"/> 1 - jar of peanut butter
<input type="checkbox"/> 1- 4 pk plastic plates	<input type="checkbox"/> 2 - boxes granola bars
<input type="checkbox"/> 1 - pk trash bags	<input type="checkbox"/> 4 - cans tuna or chicken
<input type="checkbox"/> 1 - pk emergency candles	<input type="checkbox"/> 3 - cans baked beans
<input type="checkbox"/> 1- can opener	<input type="checkbox"/> 2 - cans mixed vegetables
<input type="checkbox"/> 4 - folding cups	<input type="checkbox"/> 1 - pk peanut butter crackers
<input type="checkbox"/> 1 - 2 pk lighters	<input type="checkbox"/> 1 - pk toaster pastries
<input type="checkbox"/> 2 - facial tissue packets	<input type="checkbox"/> 5 - cans ready to eat soup
<input type="checkbox"/> 1 - first aid kit	<input type="checkbox"/> 2 - 4 pk fruit cups
<input type="checkbox"/> 1 - 3 pk flashlights with batteries	<input type="checkbox"/> 6 - ready to eat (Mac & cheese, SpaghettiOs, etc.)
<input type="checkbox"/> 2 - 3 pk camping bath tissue	<b>Additional items to put in your kit:</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Important paperwork: <ul style="list-style-type: none"> <li>Personal health information</li> <li>Emergency contact information</li> <li>Financial documents</li> <li>Pet information</li> </ul> </li> <li><input type="checkbox"/> Extra car keys</li> <li><input type="checkbox"/> Maps</li> <li><input type="checkbox"/> Cash</li> <li><input type="checkbox"/> Small axe, crowbar &amp; other emergency tools</li> <li><input type="checkbox"/> Rope</li> <li><input type="checkbox"/> Extra clothing for each family member</li> <li><input type="checkbox"/> Feminine products</li> <li><input type="checkbox"/> Over-the-counter medications <ul style="list-style-type: none"> <li>Fever reducers</li> <li>Pain reliever</li> <li>Cough drops</li> </ul> </li> </ul>
<input type="checkbox"/> 1 - battery powered radio	
<input type="checkbox"/> 1- pk batteries for radio	
<input type="checkbox"/> 1 - bottle of multi-purpose soap	
<input type="checkbox"/> 1 - multi tool kit	
<input type="checkbox"/> 1 - pk lashing (to strap kit together)	
<input type="checkbox"/> 4 - child activity books	
<input type="checkbox"/> 1 - puzzle book	
<input type="checkbox"/> 4 - toothbrushes	
<input type="checkbox"/> 1- tube of toothpaste	
<input type="checkbox"/> 1 - roll of duct tape	
<input type="checkbox"/> 1 - bottle of hand sanitizer	
<input type="checkbox"/> 3 - 5 gallon collapsible water jugs (Should have 1 gallon/person/day)	

